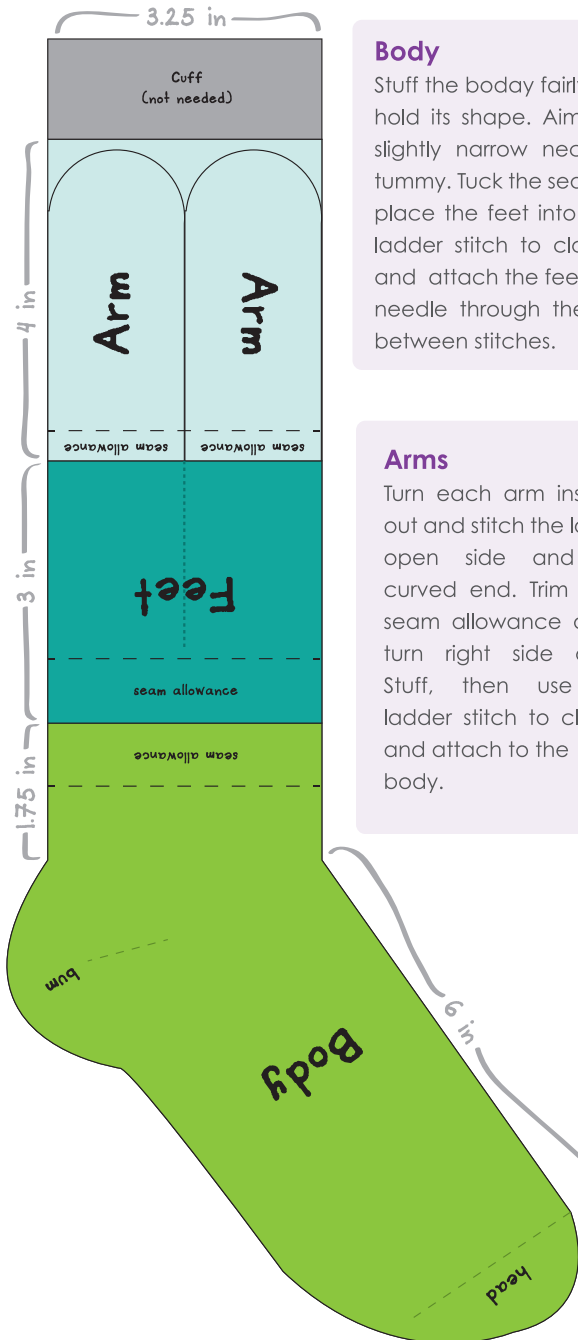


# Imagine Our Life

## Sock Penguin Tutorial



### Body

Stuff the body fairly firmly so that it can hold its shape. Aim for a round head, slightly narrow neck and round, oval tummy. Tuck the seam allowance in and place the feet into the opening. Use a ladder stitch to close the hole and attach the feet, passing the needle through the feet in between stitches.

### Arms

Turn each arm inside out and stitch the long open side and a curved end. Trim the seam allowance and turn right side out. Stuff, then use a ladder stitch to close and attach to the body.

### Face

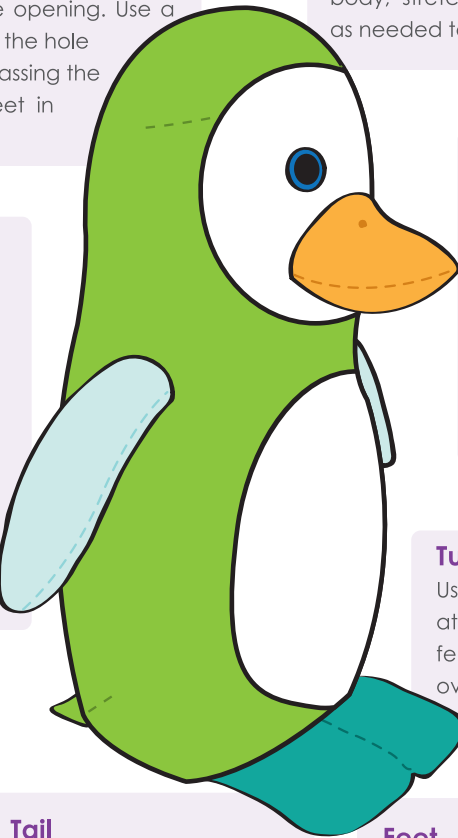
Use appliqué stitch to attach the Eyes to the face piece. Appliqué stitch the face to the body, stretching the felt/fabric as needed to fit over the curves.

### Beak

Use a blanket stitch to sew the edges together from [A] to [B] with right sides out. Add two French knot nostrils to the top. Stuff and use an appliqué stitch to attach it to the face.

### Tummy

Use appliqué stitch to attach the belly. Stretch the felt/fabric as needed to fit over the curves.



### Tail

Pinch a triangle of fabric on the penguin's bum and backstitch a line across the base to hold it in place.

### Feet

Turn the feet piece inside out and sew along the open side and bottom. Turn right side out and stuff. Backstitch a center line through all the layers to indicate two feet.

<http://www.imagineourlife.com/2014/08/05/sock-penguin-tutorial>



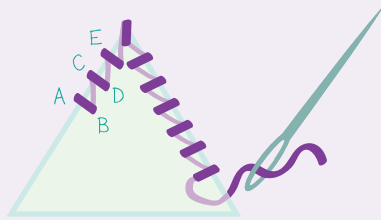
# Stitch Guide

Imagine Our Life



Felt

For a tutorial on threading your needle without a knot, visit:  
<http://wp.me/p1Cxwo-Q0>

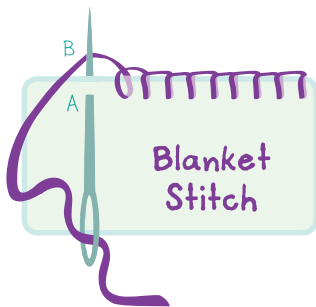


Appliqué Stitch

## Appliqué Stitch

Start at the back of your work and bring the needle up through the background as close as possible to the edge of your appliqué [A]. Come back down through both the appliqué and the background making a small stitch [B]. Repeat a little ways away from your first stitch, all the way around.

Be consistent in both stitch length and spacing. Stitch through the center of corners to secure them down.



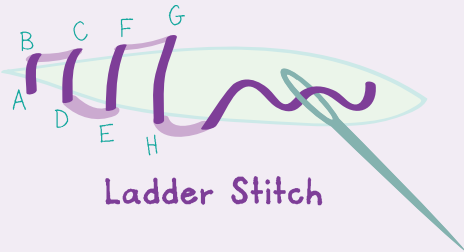
Blanket Stitch

## Blanket Stitch

The blanket stitch is used to sew two pieces of felt together to make a loose element with two sides. (Starting with a folded length of thread will let you avoid visible knots. See the URL above for a tutorial.)

Hold the two felt pieces together and make one stitch that is perpendicular to the edge. Start the second stitch [A], but do not pull the thread tight until you bring the needle up through the loop of the loose stitch [B].

Be consistent in both stitch length and spacing. Smaller stitch spacing works better around curves.

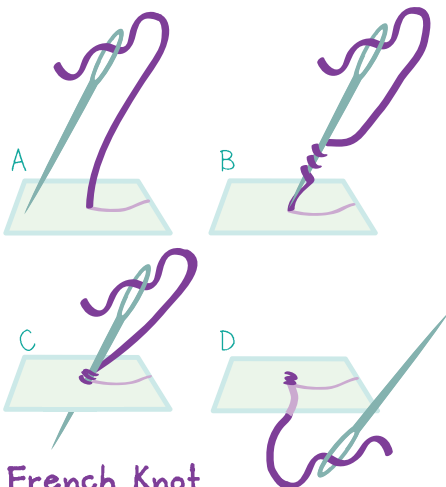


Ladder Stitch

## Ladder Stitch

The ladder stitch is used to close stuffed toys and attach doll limbs. It is most easily done with a curved needle, but I used a regular needle without problems.

Start at the back of your work and bring the needle up through the fabric at [A] then go back down at [B]. On the same side of the opening, bring your needle back up a little ways away from your last stitch [C]. On the opposite side of the opening, go down [D] then up again a little ways away [E]. If needed, help the edges of the fabric tuck inward as you go.



French Knot

## French Knot

French knots are fairly simple, but it does take a bit of practice to get a feel for how much tension to use.

Start by coming up out of your fabric where you want the knot to be [A]. Wind the thread coming out of the fabric around the tip of your needle 2 or 3 times [B]. Push the needle back down through the fabric in the same hole as before, holding the thread tight to keep it wound [C-D].

**For more stitch help, visit:**  
<http://www.imagineourlife.com/sewing-tips-faqs/>



# Pattern

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## Printing the Pattern

Scale these pattern pieces as needed if your sock size differs from the example.



2 in colored felt



Pupil

2 in black felt

